

Weekday Getaway Series

# Stretch & Sip Class

Boot Camp-Style Mobility Class  
& Healthy Happy Hour

Thursday, January 14, 2016  
5:15-5:45PM • Happy Hour to Follow  
5-Star Amenity Center  
9th Floor

Please RSVP to Emily Forzano  
([emily.forzano@cbre-ne.com](mailto:emily.forzano@cbre-ne.com))  
by January 13

Space is limited to 30 people so  
**RSVP is mandatory**



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Take a quick weekday getaway led by Republic Fitness. In our Stretch & Sip class, spend 30 minutes unwinding and relaxing with a series of guided stretches and mobility movements. Join us afterward for a healthy happy hour sponsored by One Medical Group and be entered to win a free month's membership at Republic Fitness!

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